

Hackney Diabetes Centre

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Homerton University Hospital **NHS**
NHS Foundation Trust

Hackney Diabetes Centre Newsletter

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Education Sessions At Your Surgery

Education sessions for patients with Diabetes, at risk of diabetes or patients who are overweight can have education sessions at your surgery. Pergul and Evrim can arrange and run groups, please contact either of them on 020 8510 7182 / 5000 to arrange a date for sessions. Groups have already started in 7 surgeries so don't miss out!



The Emergency Clinic

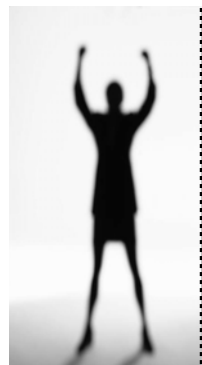
Foot Health have an emergency clinic (not for routine treatments) at St Leonards weekdays, 9 – 9.30am The clinic is for:
Infections Ingrowing
Toenails
Sores / Ulcers
Fractures.



www.diabetes-resources.org.uk



We have developed a web-site for all to access. Please have a look and let us know if you would like anything adding to it. There are downloadable patient education leaflets, and we are hoping to increase this list in the future. Also, keep up-to-date with what is happening at the Diabetes Centre.



Groups Education Sessions



The Diabetes Lay Educators are holding group education sessions similar to the New Patient Group. By now you should have received a flyer with details and a referral form. Please also refer patients who speak other languages, so we can set up more groups. Languages catered for at present are: Bengali, Hindu, Urdu, Vietnamese, Turkish and Punj



Drop-in Clinic

The Drop-in Clinic at the Diabetes Centre now runs on Monday Afternoons. Due to staffing issues, it occasionally moves time, but runs approximately 2.30 – 3.15pm. Patients can ring beforehand to

check the time. The clinic should be patient led. If you have a problem with a patient and are unsure what to do, please contact the Diabetes Nurses on 07768 102130, who will try to help.

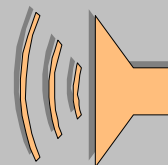
Patient Held Records

"My Diabetes" packs will soon be available for all patients with Diabetes in Hackney. The packs contain lots of information about Diabetes as well as a Hand Held record for patients to bring to appointments.



Audio CD

As part of the "Coping with Diabetes" project, we have produced audio CDs all about type 2 diabetes in Turkish. These are available for all patients with type 2 diabetes who can understand Turkish. Please contact the Diabetes Centre on 020 8510 5005 / 7182 if you would like more copies.



Sharps Bin Collection

Just to remind everyone, Cliniserve provide the sharps bin collection service in City and Hackney. Their Fax number for referrals is **01243 784433**