

# Hackney

## Diabetes Centre

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Homerton University Hospital **NHS**  
NHS Foundation Trust

### Hackney Diabetes Centre Newsletter

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#### Diabetes Foot Assessment Training

After the success of last years training, we have been able to set 3 more dates for training, to be held on:

- 8<sup>th</sup> September 9.30 – 11am
- 14<sup>th</sup> September 2 – 3.30pm
- 9<sup>th</sup> November 2 - 3.30pm.

To apply for a place on the course, please complete the attached form, or the form on the web-site at:

[www.diabetes-resources.org.uk](http://www.diabetes-resources.org.uk)

#### Insulin News

The newly launched rapid acting insulin, Apidra, is now available in disposable optiset pens. It was only available in cartridges for use with Autopen 24 previously.

Lilly are now supplying Humalog Mix 50 in Cartridges, previously only available in a disposable pen. The cartridges are compatible with the Humapen Luxura or Ergo.



#### Clinical Waste / Sharps Bins

City and Hackney PCT contract Cliniserve to pick-up and replace Sharps Bins in the Community. All patients using insulin should have a sharps bin. Patients with sharps bins should be referred to Cliniserve by fax. The fax should include the following information:

- Be on headed paper showing the patient is in City and Hackney
- Have patients: Name, Address, Telephone, Language Spoken
- Have a contact name and address for the referrer.

Cliniserve prefer to have their referrals by fax, Their fax number is:  
**01243 784433**

1L sharps bins are available on prescription, and should be prescribed for the first time they are needed. After this, sharps bins are replaced by Cliniserve.

Needle Clippers are also available on prescription. These are good for travelling and people who do not want to carry the whole sharps bin around with them.



#### Insulin Course

The next insulin course will take place on 31<sup>st</sup> October. The course is aimed at practices wishing to

enhance their diabetes care in practice by increasing their skills in dealing with patients on insulin and initiating insulin in primary care. We recommend two clinical staff attend from each surgery if possible.

To book your place, please complete the attached form, or use the form on the web-site:  
[www.diabetes-resources.org.uk](http://www.diabetes-resources.org.uk)

#### Primary Care Diabetes Course

This course will Run for 5 Consecutive Tuesday afternoons, On:  
November 7<sup>th</sup>  
November 14<sup>th</sup>  
November 21<sup>st</sup>  
November 28<sup>th</sup>  
December 4<sup>th</sup> 2006.

This course is recommended for people who have not previously done a course in diabetes, and will be taking part in diabetes clinics. Please apply by completing the application form on the web-site:

[www.diabetes-resources.org.uk](http://www.diabetes-resources.org.uk)



[www.diabetes.nhs.uk](http://www.diabetes.nhs.uk)

The national Diabetes Support Team have a web-site with useful information and examples of good practice. The "Coping with Diabetes" project has been selected to be an info-point. Please do have a look at [http://www.diabetes.nhs.uk/Infopoints/minority\\_groups.asp](http://www.diabetes.nhs.uk/Infopoints/minority_groups.asp)