

Hackney Diabetes Centre

Homerton Row London E9 6SR
Tel: 020 8510 5000
Fax: 020 8510 5015

Homerton University Hospital **NHS**
NHS Foundation Trust

Hackney Diabetes Centre Newsletter

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The Arun Bakshi Award Goes To Hackney Diabetes Centre

The Arun Bakshi Award is open to all health professionals working within the diabetes team and entries need to demonstrate some form of innovation in practice.

On 13th and 14th October, Anna-Marie Jesson and Evrim Sanal attended the Isle of Wight Conference, and were pleased to announce the winners of the 2005 Arun Bakshi Award, on behalf of the "Coping with Diabetes" Project. The judges were particularly impressed with the many aspects of the project, including the regular newsletter, CDs developed in Turkish and web-site, as well as the many group educations in many languages and in such diverse locations. The submission for the Award will appear in "Practical Diabetes International" soon.

The project is unique to City and Hackney and we are keen that as many people with diabetes and at risk of diabetes, but those particularly in ethnic groups and hard to reach populations, are given the opportunity to engage in the project. We are still setting up groups in surgeries and community centres as well as the Matthews Duncan room at the Homerton Hospital (where space is limited in surgeries). The project has not yet secured funding after March 2006, so please contact us as soon as possible if you would like group education at your surgery. Also if you have patients with diabetes whose first language is not English please refer them to us and we will organise education sessions at the Homerton Hospital or other suitable venue.



Contact Details for referrals etc:
Pergul Kara and Evrim Sanal, Diabetes Lay Educators: 020 8510 7182
Anna-Marie Jesson, Diabetes Specialist Nurse : 020 8510 5005
Vib Mistry, Diabetes specialist Dietitian: 020 8510 5008
Fax for all of the project team: 020 8510 5015
Web-site: www.diabetes-resources.org.uk

Insulin Course

The insulin course application forms have now been distributed to all practices for the 21st February course. If you Can't make this date, the next course is provisionally booked for 23rd May 2006



Diabetes Foot Assessment Training

After the success of last years training, we are again running the 2 hour course covering all aspects of Diabetes Foot Screening, to prepare clinicians to carry out foot screening at part of the Diabetes Annual Review. Suitable for *GPs, Practice Nurses, District Nurses and Health Care Assistants.*

Dates Available:

12th January 2006 1.30pm - 3.30pm

3rd February 2006 10 am - 12pm

9th February 2006 1.30pm - 3.30pm



All Courses will be held in the Matthews Duncan Seminar Room, Homerton Hospital. (Next to The Diabetes Centre). Applications have been sent out, so please return these as soon as possible to secure your place