

# Hackney Diabetes Centre

Homerton Row London E9 6SR  
Tel: 020 8510 5000  
Fax: 020 8510 5015

Homerton University Hospital **NHS**  
NHS Foundation Trust

## Hackney Diabetes Centre Newsletter

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### Update on Courses

The New Year will be a busy time for diabetes centre staff, with three courses running. The Primary Care Course runs on Tuesday afternoons for 5 weeks, starting on 10<sup>th</sup> January. This course is a basic introduction to all aspects of diabetes. Application forms will have been sent out when you receive this.

On 21<sup>st</sup> February we have the insulin course, a one day course introducing insulin therapy and its use in type 2 diabetes. We also have diabetes Foot Assessment training for 2 hours on 12<sup>th</sup> January, 3<sup>rd</sup> February and 9<sup>th</sup> February. This course is for anyone involved in Diabetes Annual Review who wants to carry out foot assessment. Application for the insulin course and foot training have been sent to all practice managers. If you need further forms, they are available at [www.diabetes-resources.org.uk](http://www.diabetes-resources.org.uk)



### Group Education Sessions

The diabetes lay educators, Pergul and Evrim, are holding several diabetes education sessions over the next few months. The following are dates for the sessions that are pre-arranged. We are also keen to have referrals for all patients from all ethnic groups. We are working with the advocacy service and out-patients to gain referrals too.



Bengali Group: 17<sup>th</sup> January 2006  
Turkish Group: 24<sup>th</sup> January 2006  
Vietnamese Group: 31<sup>st</sup> January 2006  
Somali Group: 7<sup>th</sup> February 2006  
Punjabi Group: 28<sup>th</sup> February 2006



### Diabetes Specialist Nurse / Facilitators

The team of facilitators are available to: Assist with setting up clinics, work with complex patients, and give advice in primary care. The facilitators are: **North Hackney:** Anna-Marie Jesson and Charlotte Jenkins **South Hackney:** Leanne Jenkins and Bridget Parkinson (on maternity leave). For urgent advice we are available via mobile phone: **07768 102130**

### www

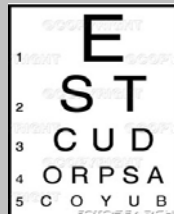
The diabetes centre now has information at two web-sites.

The web-site for the community is [www.diabetes-resources.org.uk](http://www.diabetes-resources.org.uk). For information and contact details for hospital based services, please look at the Homerton web-site, under "Our clinical services":

[www.homerton.nhs.uk](http://www.homerton.nhs.uk)



### Retinal Screening



Good News! The porta-cabin for the expansion of Retinal Screening arrives before Christmas. The expansion in the service will start after staff training and induction, early in the New Year. All referrals that have been sent will be seen, but not everyone can be seen at once. Please be patient whilst we set up this expansion in service, which will cover the whole diabetes population of Hackney.

### Walking Groups

The Diabetes Lay Educators working with the diabetes centre team are planning walking groups from various locations in Hackney. These groups will be free for participants. The January newsletter will have more details of dates and starting points for the walks. We will also send flyers out to all surgeries. Please do encourage all your patients to attend. If you are arranging your own groups, do let us know and we will make patients attending the diabetes centre aware.

