Update on Courses
The Foot course and Insulin course are over-
Subscribed! Waiting lists have been set up
And we will be setting dates for further training
soon.
The Diabetes in Primary Care course has
been postponed, new dates: 2,9,16,23,30 May

Diabetes UK
The diabetes centre staff will have a high profile
at diabetes UKs Annual professional conference
this year. Lisa Vaughan, Diabetes specialist
Dietitian will be speaking on Thursday 30th
March at 3.50pm on “Relationships Between
Diet and Diabetes Therapies”. The NRF project
has a poster presentation, Number P371 “Diabetes lay educators -
providing education for the whole community” and Anna-Marie Jesson
will be doing a 10 minute presentation on the “Coping with Diabetes”
project, which has been shortlisted for the Diabetes UK Education Oral
Award. If you are attending the conference, please come along and
lend your support.

Blood Glucose Meters
The world of diabetes is ever changing! There have been
two major changes to blood glucose meters recently:

Medisense have now withdrawn their medisense G2
strips, along with the 3 meters
which use these. New meters
are available for patients by phoning: 0800 072 1020.

Roche have
changed the name of the
Advantage II
test strips, to Advantage
plus test strips.

Hot off the Press!
Exubera, the long awaited inhaled
insulin has just been granting
marketing authorization by the
European commission. The
product will not be available for
use until the summer however.
Exubera is a fast acting insulin
only. We will let you have more
details as they arrive.

Group Education Sessions
The diabetes lay
educators, Pergul
and Evrim, are
holding several
diabetes education
sessions over the
next few months.
The following are
dates for the sessions that are pre-
arranged. We are also keen to
have referrals for all patients
from all ethnic / language
groups. Referral form is
available from:
http://www.homerton.nhs.uk/clin
ical/1132157348.html

Somali Group: 7th February 2006
Punjabi Group: 28th February 2006
Turkish Group: 21st March 2006

Walking Groups
The Diabetes Lay Educators have
now started their first walking
group with Richmond Road Medical
Centre’s patients.

“Meeting Today’s Challenges”
Servier Laboratories are holding a series of one day educational
meetings for primary care nurses involved in the management of type 2 diabetes.
The meetings will cover 4 key areas: disease, diagnosis and assessment;
achieving quality outcomes; structured education for self management and
achieving better glycaemic control. For free registration, dates and venues
please look at the web-site: www.europahealthcare.co.uk/diabetes or call
01628 533600.